

MEDICARE PREVENTATIVE SERVICES CHECKLIST

Talk with your doctor or other health care provider about which of these services are right for you. As part of your yearly "Wellness" visit, you may be asked to fill out a Health Risk Assessment to help you figure out what to work on to stay healthy. To learn more, visit www.medicare.gov.

Medicare-Covered Preventative Service	I need (Yes/No)	Date Last Received	Next Date Medicare Covers This Service
"Welcome to Medicare": Preventative Visit (one-time) within first 12 months you have Medicare Part B			
Yearly "Wellness" Visit -12 months after "Welcome to Medicare" visit or Part B effective date			
Abdominal Aortic Aneurysm Screening			
Bone Mass Measurement (Bone Density Test)			
Breast Cancer Screening (mammogram)			
Cardiovascular Screenings (cholesterol, lipids, triglycerides)			
Cervical and Vaginal Screening			
Colorectal Cancer Screening			
Fecal Occult Blood Test			
Flexible Sigmoidoscopy			
Colonoscopy			
Barium Enema			
Diabetes Screening			
Diabetes Self Management Training			
Flu Shot			
Glaucoma Test			
Hepatitis B Shot			
HIV Screening			
Medication Nutrition Therapy Services			
Pneumococcal Shot			
Prostate Cancer Screening			
Tobacco Use Cessation Counseling (counseling for people with no sign of tobacco-related disease)			

For some services, you will need to wait a certain amount of time before getting the service again. See pages 37 - 53 of the Medicare & You 2012 handbook for more information. This sheet is on Page 3, just inside front cover.